

Dragon Yong-In Martial Arts

TKD

Moorefield Family Learning Center

Schedule

Phone: (571) 223-0123

Effective Jan.1, 2019

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	TIME	SATURDAY**
Mat Time							
3:30pm	After school	Jr Dragon	Jr Dragon	TKD FORM	After-School	11:20 AM 12:20 PM	All Belt Class
After-School	Hi-Advanced	Intermediate	Int./Advanced	Hi-Ad & Black			
4:10pm	After school	After school	Jr Dragon SPARR	Jr Dragon	Activities		
After-School	Blackblet	Advanced	Hi-Ad & Black	Int./Advanced			
4:50pm	Little Dragon	Little Dragon	Little Dragon	Little Dragon	Self		
AMP/MA	Inter/Adv.	Beginner	Inter/Adv.SPARR	Beginner			
5:30pm	Jr. Dragon	All Blackbelt	Jr. Dragon	TKD FORM	Practice		
AMP/MA	Beginner	Weapons	Beginner	Beginner & (LD Int.+)		2:00pm	Brambleton Location
6:10pm	Martial Arts	Martial Arts	Martial Arts SPARR	Jr. Dragon		10:00am	Poomsae Team
Martial Arts	Hi-Ad & Black	Int./Advanced	Int./Advanced	Int./Advanced		1:00pm	Purcellville Location
6:50pm*	Sparring Team	Poomsae Team	Martial Arts SPARR	Martial Arts		11:00am	Sparring Team
Team	Moorefield	Moorefield	Hi-Ad & Black	Hi-Ad & Black		3:00pm	Purcellville Location
7:20-8:10	Brambleton	Brambleton	Brambleton	Brambleton	Brambleton		
Teen/ Adult	Location	Location	Location	Location	Location	2:30pm	Birthday Party
						4:00pm	Birthday Party
						4:00pm	Birthday Party
						5:30	

* Saturday Classes will be held at Brambleton location at same time.

Please wear your full uniform and be on time to class.

- 1) **Pee Wee Dragon Classes:** All belt for Ages (2 1/2 to 4 yr old)
- 2) **Little Dragon Beginner Classes:** White Belt and White/Yellow stripe (4 to 6 yr old)
- 3) **Little Dragon Inter./Advanced Classes:** Yellow Belt and Up (Bring Sparring Equipment on Wed.)
- 4) **Junior Dragon Beginner Classes:** White Belt, White/Yellow (age 6 & up)
- 5) **Intermediate Classes:** Yellow Belt, Yellow/Green, Green (Bring Sparring Equipment on Wednesday)
- 6) **Advanced Classes:** Green/Blue, Blue, Blue/Red (Bring Sparring Equipment on Wednesday.)
- 7) **Hi-Advanced & Black Belt Classes:** Red through Black Belt (Bring Sparring Equipment on Wednesday.)
- 8) **Teen /Adult Classes :** Bring Sparring Equipment on Wednesday(Brambleton Location)
- 9) Thursday and Saturday are Form Practice Days

Come Have Your Birthday Party